## **RÉSUMÉ DIGEST**

## SR 100 2018 Regular Session Claitor

Recognizes Monday, April 16, 2018, as DASH Diet Day and commends LSU's Pennington Biomedical Research Center for its international leadership in nutritional research as evidenced by its key contributions to the DASH studies that led to the creation of the DASH Diet, a scientific eating plan proven to lower blood pressure and promote better health.