

2020 Second Extraordinary Session

HOUSE RESOLUTION NO. 3

BY REPRESENTATIVE STAGNI

SPECIAL DAY/WEEK/MONTH: Designates October 2020 as National Chiropractic Health Month in Louisiana

1 A RESOLUTION

2 To designate October 2020 as National Chiropractic Health Month in Louisiana.

3 WHEREAS, chiropractors are physician-level healthcare providers who focus on the
4 whole person as part of their hands-on and nondrug approach to pain management and health
5 promotion and who have special expertise in the prevention, treatment, and rehabilitation
6 of musculoskeletal conditions and injuries; and

7 WHEREAS, chiropractors were identified in a March 2020 memo by the U.S.
8 Department of Homeland Security as part of the essential healthcare workforce; and

9 WHEREAS, many chiropractors have continued to serve their patients and
10 communities since the beginning of the COVID-19 pandemic; and

11 WHEREAS, with many Americans working from home and attending school online
12 since the beginning of the pandemic, the incidence of musculoskeletal conditions has grown
13 due to an increase in sedentary lifestyles, poor posture, and stress; and

14 WHEREAS, even before the pandemic, musculoskeletal conditions have been among
15 the most commonly reported medical conditions for adults and seniors; and

16 WHEREAS, among adults and seniors, low back pain is the single leading cause of
17 disability worldwide, a disability which prevents them from participating in daily
18 recreational activities; and

19 WHEREAS, chiropractic care is widely recognized as one of the safest nondrug and
20 noninvasive approaches available for the treatment of low back pain and other
21 musculoskeletal complaints; and

1 WHEREAS, in addition to their expertise in spinal manipulation, chiropractors have
2 broad diagnostic skills and are trained to recommend therapeutic and rehabilitative exercises
3 and to provide nutritional, dietary, and lifestyle advice; and

4 WHEREAS, chiropractors recognize that physical activity can improve symptoms,
5 decrease disability, and improve function and well-being in a range of chronic
6 musculoskeletal conditions, in addition to reducing stress and anxiety and enhancing sleep
7 quality and quality of life; and

8 WHEREAS, the low back pain treatment guidelines from the American College of
9 Physicians, released in 2017, promote the use of noninvasive and nondrug approaches such
10 as spinal manipulation as a first line of defense against back pain, and groups such as the
11 Centers for Disease Control and Prevention and the Joint Commission have also expressed
12 support for the use of this approach; and

13 WHEREAS, during National Chiropractic Health Month 2020, the citizens of
14 Louisiana are reminded that noninvasive and nondrug treatments for low back pain and other
15 musculoskeletal conditions, combined with an active and healthy lifestyle, may lessen or
16 eliminate the need for riskier and potentially addictive treatments such as prescription pain
17 medications and surgery; and

18 WHEREAS, the American Chiropractic Association's "Active and Adaptive"
19 campaign promotes the benefits of movement, good posture, healthy living, and a nondrug
20 approach to pain management.

21 THEREFORE, BE IT RESOLVED that the House of Representatives of the
22 Legislature of Louisiana does hereby designate October 2020 as National Chiropractic
23 Health Month in Louisiana and does hereby encourage the citizens of the state of Louisiana
24 to practice an active and healthy lifestyle and to embrace noninvasive and nondrug
25 approaches for musculoskeletal conditions.

DIGEST

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HR 3 Original

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