

2023 Regular Session

HOUSE CONCURRENT RESOLUTION NO. 11

BY REPRESENTATIVE DUBUISSON

CONGRESS: Memorializes congress to support passage of a joint resolution designating the second Saturday in June as "Get Outside Day"

1 A CONCURRENT RESOLUTION

2 To memorialize the United States Congress to take such actions as are necessary to improve
3 the mental health of military veterans by supporting exposure to nature with the
4 designation of "Get Outside Day".

5 WHEREAS, mental health is a top priority both at the federal and state government
6 level; and

7 WHEREAS, mental health issues affect different groups, in particular, our vulnerable
8 military veterans; and

9 WHEREAS, countless military veterans return home suffering from post-traumatic
10 stress disorder, traumatic brain injury, anxiety, and depression; and

11 WHEREAS, the onset of certain mental health conditions have increased substance
12 abuse and decreased social interaction; and

13 WHEREAS, military veterans have disproportionately high rates of suicide; and

14 WHEREAS, studies show that exposure to nature has a positive and therapeutic
15 impact on mental health and the psychological conditions that are related to suicides; and

16 WHEREAS, the enjoyment of a single day outside can lead to increased mobility and
17 renewed therapy for psychological impediments and correspond to a decrease in suicides;
18 and

19 WHEREAS, the Louisiana Naval War Memorial Commission in conjunction with
20 the Military Veterans Advocacy agree to sponsor "Get Outside Day" at the USS Kidd
21 Veterans Museum.

1 THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby
2 memorialize the United States Congress to take such actions as are necessary to designate
3 the second Saturday in June as "Get Outside Day" at the federal government level.

4 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the
5 presiding officers of the Senate and the House of Representatives of the Congress of the
6 United States of America and to each member of the Louisiana congressional delegation.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HCR 11 Engrossed

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DuBuisson

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