

2024 Regular Session

HOUSE RESOLUTION NO. 64

BY REPRESENTATIVE BERAULT

SPECIAL DAY/WEEK/MONTH: Designates the second Sunday in June as "Veterans Get Outside Day" in Louisiana

1 A RESOLUTION

2 To designate the second Sunday in June as "Veterans Get Outside Day" in Louisiana.

3 WHEREAS, mental health is a top priority both at federal and state government
4 levels; and

5 WHEREAS, mental health issues affect many Americans, in particular our
6 vulnerable military veterans; and

7 WHEREAS, countless military veterans return home suffering from post-traumatic
8 stress disorder, traumatic brain injury, anxiety, and depression; and

9 WHEREAS, the onset of certain mental health conditions has increased substance
10 abuse and decreased social interaction; and

11 WHEREAS, military veterans have disproportionately high rates of suicide; and

12 WHEREAS, studies show that exposure to nature has a positive and therapeutic
13 impact on mental health and the psychological conditions that are related to suicides; and

14 WHEREAS, the enjoyment of a single day outside can lead to increased mobility and
15 serve as therapy for psychological impediments and corresponds to a decrease in suicides;
16 and

17 WHEREAS, Louisiana-based Military Veterans Advocacy is sponsoring a national
18 "Veterans Get Outside Day" at Fort Adams State Park in Newport, Rhode Island.

19 THEREFORE, BE IT RESOLVED that the House of Representatives does hereby
20 designate the second Sunday in June as national "Veterans Get Outside Day" in Louisiana.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HR 64 Original

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