

2026 Regular Session

HOUSE BILL NO. 106

BY REPRESENTATIVE COX

DRUGS: Prohibits the administration of nonprescription medication to children without parental consent

1 AN ACT

2 To enact R.S. 14:91.16, relative to the administration of melatonin; to prohibit individuals
3 from providing melatonin without parental approval; to provide for penalties; and to
4 provide for related matters.

5 Be it enacted by the Legislature of Louisiana:

6 Section 1. R.S. 14:91.16 is hereby enacted to read as follows:

7 §91.16. Unlawful distribution of melatonin to children

8 A. It is unlawful for any person to provide a child with a melatonin sleep aid
9 without prior written consent of the child's parent or legal guardian.

10 B. Whoever violates the provisions of this Section shall be fined not more
11 than one thousand dollars or imprisoned for not more than six months, or both.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HB 106 Reengrossed

2026 Regular Session

Cox

Abstract: Prohibits individuals from providing a child with melatonin without parental approval.

Proposed law prohibits an individual from providing a child with melatonin unless the child's parent or legal guardian has previously consented through writing.

Proposed law provides a penalty of a fine up to \$1,000 or up to six months in jail, or both.

(Adds R.S. 14:91.16)

Summary of Amendments Adopted by House

The Committee Amendments Proposed by House Committee on Administration of Criminal Justice to the original bill:

1. Delete the reference to child day care centers to apply proposed law to all individuals.

The House Floor Amendments to the engrossed bill:

1. Add that consent must be provided in writing.