

Regular Session, 2014

SENATE RESOLUTION NO. 23

BY SENATOR ERDEY

SENATE. Recognizes March 29, 2014, as Livingston Parish's "Own Your Own Health" Day.

A RESOLUTION

To recognize March 29, 2014, as Livingston Parish's "Own Your Own Health" Day and encourage the residents of Livingston Parish to join the Livingston Parish legislative delegation at three o'clock in the afternoon at North Park in Denham Springs, Pond Pavilion, to celebrate a commitment to physical health and improving the health and well-being of the residents of Livingston Parish.

WHEREAS, the parish of Livingston is one of the fastest growing parishes in the state; and

WHEREAS, the residents of Livingston are proud of their community, schools, and thriving business development; and

WHEREAS, at the core of a strong community is a healthy population; and

WHEREAS, the residents of Livingston Parish are launching a healthy living challenge as part of the Department of Health and Hospitals and the Governor's Council on Physical Fitness and Sports' "Own Your Own Health" online fitness and nutrition tracking challenge; and

WHEREAS, part of this challenge is to track your daily steps and record online how many steps you have taken towards your goal of achieving a lifestyle of consistent physical activity; and

1 WHEREAS, the challenge commences on Saturday, March twenty-ninth at three
2 o'clock in the afternoon with a half mile fun walk, zumbathon, booths, music, games, and
3 prizes.

4 THEREFORE, BE IT RESOLVED that the Senate of the Legislature of Louisiana
5 does hereby recognize March 29, 2014, as Livingston Parish's "Own Your Own Health" Day
6 and encourage the residents of Livingston Parish to join the Livingston Parish legislative
7 delegation at three o'clock in the afternoon at North Park in Denham Springs, Pond Pavilion,
8 to celebrate a commitment to physical health and improving the health and well-being of the
9 residents of Livingston Parish.

10 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the
11 members of the Livingston Parish legislative delegation.

The original instrument and the following digest, which constitutes no part
of the legislative instrument, were prepared by Christopher D. Adams.

DIGEST

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