SLS 15RS-1031 ORIGINAL

2015 Regular Session

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SENATE RESOLUTION NO. 71

BY SENATOR BROOME

COMMENDATIONS. Commends the service and contributions of Magellan Youth Leaders Inspiring Future Empowerment, known as MY LIFE and recognizes May 7, 2015, as MY LIFE Youth Day at the Louisiana State Capitol.

A RESOLUTION

2	To commend the service and contributions of Magellan Youth Leaders Inspiring Future
3	Empowerment, known as MY LIFE, and recognize Thursday, May 7, 2015, as "MY
4	LIFE Youth Day" at the Louisiana State Capitol.
5	WHEREAS, behavioral health experts across the country now recognize that
6	involving youth in the policies, programs, and systems that serve them improves outcomes
7	for youth, helps them develop relationships, acquire new skills, improve behavior, build
8	self-confidence, instill positive social supports, and cultivate leadership skills; and
9	WHEREAS, youth involvement in shaping policy and systems that serve them not
10	only benefits the individual youth involved, but also can be very beneficial to those systems,
11	agencies, communities, and the state as a whole; and
12	WHEREAS, Magellan Health Services created MY LIFE, now with 11 groups in five
13	states with more than 500 youth regularly involved, as a free community program for youth
14	between the ages of 13 and 23 who have experience with mental health, substance use, foster
15	care-related and/or other challenges as a way to meet the need to involve youth in the
16	systems that serve them; and
17	WHEREAS, through regular meetings, special events, presentations and
18	performances, MY LIFE members provide support for their peers; develop critical skills in

1 leadership, mentoring and mental health resiliency; act as advisors to Magellan and local 2 officials to help improve services and systems that serve youth; and provide a much-needed 3 voice in the community to combat the stigma associated with behavioral health issues; and 4 WHEREAS, in July 2012, MY LIFE Louisiana was established by Magellan 5 Behavioral Health in Louisiana with MY LIFE groups started in Baton Rouge and 6 Shreveport, and with an expansion group coming to Tangipahoa Parish; and 7 WHEREAS, MY LIFE Louisiana has had many great empowerment events for youth, including 42 monthly MY LIFE meetings averaging 35 attendees per meeting, as well 8 9 as the annual MY Fest Louisiana event, last held on November 15, 2014, in downtown Baton 10 Rouge where more than 1,200 attendees from across the state were educated about mental 11 health, substance use, foster care, and juvenile justice-related issues in order to share 12 resources, create awareness, and reduce stigma associated with these issues; and 13 WHEREAS, the second annual Louisiana MY LIFE Youth Day at the Capitol is 14 being held on Thursday, May 7, 2015, which is also National Children's Mental Health 15 Awareness Day, to bring youth from around the state to the Capitol to provide them a truly 16 unique hands-on educational experience to learn about our state government process, interact with state legislators, and participate in other activities with a focus on empowering youth 17 18 to develop leadership skills, social skills, and greater self-confidence; and 19 WHEREAS, MY LIFE Louisiana programs and activities have flourished due to the great support and partnerships of other youth serving organizations including the Louisiana 20 21 Behavioral Health Partnership, Family Youth and Service Center, Goodwill of North Louisiana, Capital Area Human Services, Ekhaya Youth Project, Project BRAVE, City Year, 22 23 Youth Oasis, B.R.A.C.E.S., Office of Juvenile Justice, VIP Project, faith-based groups, and 24 other organizations. THEREFORE, BE IT RESOLVED that the Senate of the Legislature of Louisiana 25 does hereby commend the service and contributions of MY LIFE (Magellan Youth Leaders 26 27 Inspiring Future Empowerment) and does hereby recognize Thursday, May 7, 2015, as "MY LIFE Youth Day" at the Louisiana State Capitol. 28 29 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to

MY LIFE Louisiana.

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The original instrument and the following digest, which constitutes no part of the legislative instrument, were prepared by Jerry J. Guillot.

DIGEST 2015 Regular Session

SR 71 Original

Broome

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