2020 Regular Session

HOUSE RESOLUTION NO. 37

## BY REPRESENTATIVE STAGNI

# HEALTH CARE: Urges the Conservative Care Program as a pilot program among healthcare providers and health insurers to address opioid misuse

1	A RESOLUTION
2	To urge and request the Louisiana Conservative Care Group and insurers to address the
3	opioid crisis by working together to reduce opioid prescriptions by educating and
4	encouraging the insureds to utilize conservative care, with the intended outcome of
5	less addiction, misuse, and abuse of opioids by decreasing the number of patients
6	being prescribed opioids.
7	WHEREAS, a pilot program for conservative care will encourage consumers who
8	experience low back pain to seek such care from conservative care providers such as
9	chiropractic physicians, physical therapists, psychologists, acupuncturists, massage
10	therapists, and primary care physicians for treatment related to acute low back pain; and
11	WHEREAS, primary care physicians are considered conservative and should follow
12	the opioid prescribing recommendations of the Centers for Disease Control and Prevention
13	and the Louisiana State Board of Medical Examiners when treating patients with acute low
14	back pain who are experiencing high levels of pain that affect their daily life activities; and
15	WHEREAS, the Journal of the American Academy of Orthopaedic Surgeons has
16	reported that the United States consumes eighty percent of the global opioid supply and
17	ninety-nine percent of the global hydrocodone supply; and
18	WHEREAS, an article in The Pain Practitioner published in 2014 stated there was
19	a four hundred twenty-three percent increase in opioid use; and

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1 WHEREAS, the Journal of Occupational and Environmental Medicine conducted a 2 study in 2012 and reported that opioid use among Louisiana workers' compensation 3 claimants had significantly increased; and 4 WHEREAS, a study in the Journal of Occupational and Environmental Medicine in 5 2009 relating to the use and cost of opioids in Louisiana workers' compensation claims 6 reported that the annual cumulative dose and cost of opioids per claim increased while at the 7 same time opioid use in the United States increased by one hundred twenty-seven percent; 8 and 9 WHEREAS, a study further identified that opioid dosage escalates as claims mature; 10 and 11 WHEREAS, a long-term study related to lumbar fusion among workers' 12 compensation claimants found forty-one percent in daily opioid use after surgery and 13 seventy-six percent continued opioid use after surgery; and 14 WHEREAS, the National Institute for Health and Clinical Excellence published a 15 study relating to early management of persistent non-specific low back pain that found 16 manual therapies such as manipulation, mobilization, massage, mobilization of soft tissues, 17 and passive mobilization of soft tissues were effective in treatment of acute low back pain; 18 and 19 WHEREAS, a Canadian study of effectiveness and cost effectiveness of chiropractic 20 management of low back pain concluded the constellation of evidence demonstrated the 21 effectiveness and cost effectiveness that the treatment was safe and that there were high rates 22 of patient satisfaction; and 23 WHEREAS, in 1989, Western Journal of Medicine reported higher patient 24 satisfaction with chiropractic physicians for the treatment of low back pain and patients also 25 reported quicker recoveries; and 26 WHEREAS, development of this pilot program can aid in the development of how 27 insurance companies can provide and help their insured members by providing information 28 to assist in conservative care treatment choices and encouraging them to take advantage of 29 the benefits to receive effective conservative care; and

1 WHEREAS, the insurance companies may provide incentives to waive co-payments 2 and deductibles as an incentive to participate in this pilot program; and 3 WHEREAS, the insurers may educate insureds of the benefits related to conservative 4 care; and 5 WHEREAS, this pilot program may provide physicians and other conservative care 6 providers the guidelines to follow when treating patients within the context of this program. THEREFORE, BE IT RESOLVED that the House of Representatives of the 7 8 Legislature of Louisiana does hereby urge and request the Louisiana Conservative Care 9 Group to take such actions as are necessary to establish a pilot program to help consumers 10 seek a conservative care plan from physicians to limit the use of opioids which comports 11 with the requirements and specifications provided in this Resolution. 12 BE IT FURTHER RESOLVED that the Louisiana Conservative Care Group submit 13 a report of findings and outcomes of the pilot program to the House Committee on Health 14 and Welfare and the David R. Poytner Legislative Research Library not later than sixty days 15 prior to the convening of the 2022 Regular Session of the Legislature of Louisiana. 16 BE IT FURTHER RESOLVED that any insurer which chooses to participate in this 17 program shall provide claims data to the Chiropractic Association of Louisiana to access the 18 outcomes of this program and inform the report required by this Resolution. 19 BE IT FURTHER RESOLVED that the pilot program outlined in this Resolution 20 shall be used to guide the integration of this program into health insurance benefits and into 21 workers' compensation payers' efforts to improve outcomes related to opioid use for injured 22 workers. The statement regarding co-payments and deductibles will not apply in workers' 23 compensation. However, worker's compensation payers may consider other incentives to 24 encourage injured workers with acute low back pain to seek conservative care first consistent 25 with Louisiana medical treatment guidelines and this program. 26 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the 27 executive director of the Louisiana State Board of Medical Examiners and the president of 28 the Chiropractic Association of Louisiana.

#### DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

#### HR 37 Original

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Urges and requests that the Louisiana Conservative Care Group develop a pilot program between insurance companies and conservative care providers in an effort to address opioid abuse when seeking low back pain care management.