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## DIGEST

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HB 981 Engrossed

2022 Regular Session

Duplessis

**Abstract:** Requires instruction on mental health in public schools.

Proposed law:

- (1) Requires each public school governing authority to provide instruction relative to mental health to students in kindergarten through grade 12.
- (2) Requires the instruction to include, at minimum, preventive mental health measures; the relationship between mental health and physical health; brain health, emotional health, identifying trauma and stress, and the impact of trauma and stress on mental health and physical health; and resources and services available to assist people with mental health issues.
- (3) Requires the instruction to be integrated into an existing required course such as health education.

Proposed law requires the State Bd. of Elementary and Secondary Education, upon its review and revision of the state content standards for health education, to increase the emphasis on the mental health component of health education.

(Adds R.S. 17:271.1 and 3996(B)(67))