2023 Regular Session

HOUSE BILL NO. 272

BY REPRESENTATIVE WILLARD

Prefiled pursuant to Article III, Section 2(A)(4)(b)(i) of the Constitution of Louisiana.

INSURANCE/HEALTH: Provides relative to maternity support services of doulas

AN ACT

To amend and reenact R.S. 22:1059.2 and to enact R.S. 22:1059.3, relative to maternity support services provided by doulas; to require health insurance coverage for such maternity support services; to provide for legislative findings; to provide for definitions; to provide for the redesignation of certain statutes; to provide for effectiveness; and to provide for related matters.

Be it enacted by the Legislature of Louisiana:

Section 1. R.S. 22:1059.2 is hereby amended and reenacted and R.S. 22:1059.3 is hereby enacted to read as follows:

§1059.2. Required coverage for maternity support services provided by doulas; legislative findings; definitions

A. The legislature hereby finds and affirms all of the following:

(1) A doula is an individual who has been trained to provide physical, emotional, and educational support, but not medical or midwifery care, to pregnant and birthing women and their families before, during, and after childbirth.

(2) Leading professional societies such as the American College of Obstetricians and Gynecologists and the Society for Maternal-Fetal Medicine, and federal agencies such as the Centers for Disease Control and Prevention, the Health Resources and Services Administration, and the Centers for Medicare and Medicaid Services have recognized the well-established benefits of maternity support services provided by doulas.

CODING: Words in struck through type are deletions from existing law; words underscored are additions.
(3) Research has demonstrated that support from a doula is associated with lower cesarean section rates, fewer obstetric interventions, fewer complications during and after childbirth, decreased use of pain medication, shorter labor hours, and higher scores on the Apgar test, which indicates how well a baby is doing outside the womb.

(4) As Louisiana currently ranks as a state with one of the highest maternal and infant mortality rates in the United States, this state has a compelling interest in and obligation to promote practices that improve maternal and infant health outcomes.

B.(1) A health coverage plan delivered or issued for delivery in this state that provides benefits for maternity services shall include coverage for maternity support services provided by a doula before, during, and after childbirth.

(2) The coverage required pursuant to this Section may be subject to annual deductibles, coinsurance, and copayment provisions as are consistent with those established under the health coverage plan.

(3)(a) The requirements established by a health coverage plan to insure the maternity support services provided by a doula before, during, and after childbirth shall not preclude a doula from practice in this state.

(b) A doula may opt to practice in this state and forego any eligible reimbursement via a health coverage plan; however, a doula opting for reimbursement via a health coverage plan shall apply to the Louisiana Doula Registry Board for registration and receive an approved registration status.

(4) Terminology in any health coverage plan policy or contract deemed discriminatory against doulas or maternity support services provided by doulas is void and unenforceable.

C. For purposes of this Section, the following definitions apply:

(1) "Doula" means the same as the term is defined in R.S. 22:1059.1.

(2) "Health coverage plan" means the same as the term is defined in R.S. 22:1059.
(3) "Maternity support services" means the physical, emotional, and educational support services provided by a doula to pregnant and birthing women and their families before, during, and after childbirth. "Maternity support services" includes postpartum bereavement support.

§1059.3. Required coverage for prescribed donor human milk

A health coverage plan issued for delivery, delivered, renewed, or otherwise contracted for in this state shall provide inpatient and outpatient coverage benefits for up to two months for medically necessary pasteurized donor human milk upon prescription of an infant's pediatrician or licensed pediatric provider stating that the infant is medically or physically unable to receive maternal human milk or participate in breastfeeding, or the infant's mother is medically or physically unable to produce maternal human milk in sufficient quantities. A health coverage plan may limit coverage under this Section to inpatient and outpatient donor human milk obtained from a member bank of the Human Milk Banking Association of North America.

Section 2. The provisions of this Act apply to any new policy, contract, program, or health coverage plan issued on and after January 1, 2024. Any policy, contract, or health coverage plan in effect prior to January 1, 2024, shall convert to conform to the provisions of this Act on or before the renewal date, but no later than January 1, 2024.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HB 272 Original 2023 Regular Session Willard

Abstract: Requires health insurance coverage for maternity support services provided by a doula.

Proposed law affirms a doula as an individual who is trained to provide physical, emotional, and educational support, but not medical or midwifery care, to pregnant and birthing women and their families before, during, and after childbirth.

Proposed law outlines legislative findings with respect to doulas. Affirms the state of La. as a state with one of the highest maternal and infant mortality rates in the U.S. Further affirms that the state of La. has a compelling interest and obligation to promote practices that improve maternal and infant health outcomes.

CODING: Words in struck through type are deletions from existing law; words underscored are additions.
Proposed law requires a health coverage plan delivered or issued for delivery in this state that provides benefits for maternity services to include coverage for maternity support services provided by a doula before, during, and after childbirth. Further provides that such coverage may be subject to annual deductibles, coinsurance, and copayment provisions as are consistent with those established under the health coverage plan.

Proposed law prohibits a health coverage plan from prescribing coverage requirements for maternity support services of a doula that preclude a doula from practice in this state. Authorizes a doula to practice in this state while foregoing eligible reimbursement via a health coverage plan; however, proposed law requires a doula opting for reimbursement via a health coverage plan to have approved registration with the La. Doula Registry Board.

Proposed law prohibits terminology in any health coverage plan or contract deemed discriminatory against doulas and maternity support services provided by doulas. Further provides that such terminology is void and unenforceable.

Proposed law defines "doula", "health coverage plan", and "maternity support services".

Proposed law applies to a policy, contract, or health coverage plan issued on and after Jan. 1, 2024 and requires a current policy, contract, or plan to convert to the provisions of proposed law by Jan. 1, 2024.

Present law (R.S. 22:1059.2) requires a health coverage plan to provide inpatient and outpatient coverage benefits for up to 2 months for medically necessary pasteurized donor human milk under certain conditions. Proposed law redesignates the citation of present law from R.S. 22:1059.2 to R.S. 22:1059.3 and otherwise retains present law.

(Amends R.S. 22:1059.2; Adds R.S. 22:1059.3)