

2024 Regular Session

HOUSE RESOLUTION NO. 64

BY REPRESENTATIVE BERAULT

A RESOLUTION

To designate the second Sunday in June as "Veterans Get Outside Day" in Louisiana.

WHEREAS, mental health is a top priority both at federal and state government levels; and

WHEREAS, mental health issues affect many Americans, in particular our vulnerable military veterans; and

WHEREAS, countless military veterans return home suffering from post-traumatic stress disorder, traumatic brain injury, anxiety, and depression; and

WHEREAS, the onset of certain mental health conditions has increased substance abuse and decreased social interaction; and

WHEREAS, military veterans have disproportionately high rates of suicide; and

WHEREAS, studies show that exposure to nature has a positive and therapeutic impact on mental health and the psychological conditions that are related to suicides; and

WHEREAS, the enjoyment of a single day outside can lead to increased mobility and serve as therapy for psychological impediments and corresponds to a decrease in suicides; and

WHEREAS, Louisiana-based Military Veterans Advocacy is sponsoring a national "Veterans Get Outside Day" at Fort Adams State Park in Newport, Rhode Island.

THEREFORE, BE IT RESOLVED that the House of Representatives does hereby designate the second Sunday in June as national "Veterans Get Outside Day" in Louisiana.

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SPEAKER OF THE HOUSE OF REPRESENTATIVES