

2026 Regular Session

HOUSE RESOLUTION NO. 190

BY REPRESENTATIVE DICKERSON

A RESOLUTION

To commend Baron Baker for his achievements in competitive weightlifting.

WHEREAS, it is fitting to recognize Baron Baker for his inspiring determination and resilience and to commend him for his achievements in competitive weightlifting; and

WHEREAS, Baron is the seventeen-year-old son of Caroline Baker and the late Brandon Baker and the grandson of Richard and Karen Baker; his father was an international weightlifter on the Gayle Hatch Weightlifting Team and was on the path to compete in the Olympics before a brain injury impacted his career; his grandfather served with distinction for many years as a Louisiana state representative and United States congressman; and

WHEREAS, Baron followed in his father's footsteps as a competitive weightlifter and began training at Bujanda Strong Weightlifting Club in Baton Rouge, Louisiana; he competed in the 2026 VIRUS Weightlifting Series 1 in Columbus, Ohio, from March 5 through March 8, 2026; and

WHEREAS, Baron overcame an eleven-hour flight delay and twenty-four hours without sleep or food prior to arriving in Columbus; despite these challenges, he set American records with a two hundred seventy-seven pound snatch; three hundred fifty-nine pound clean and jerk, and six hundred thirty-six pounds of total weight lifted; and

WHEREAS, Baron earned the top position on the United States Youth World Team and will represent the country at the Youth World Championship in Cali, Columbia, at the beginning of July; and

WHEREAS, Baron is described by Coach Will Bujanda as an exceptional young athlete whose dedication, discipline, and character distinguish him as one of the top youth Olympic weightlifters in the United States; he has grown from a tall, lean, and quiet athlete into the strongest youth male weightlifter in the country; and

WHEREAS, outside of competition, Baron is an Honors Society student at Episcopal High School, where he balances academic excellence with the demands of high-level athletic training; and

WHEREAS, Baron Baker embodies the values of discipline, humility, and purpose, and his success is a product of not only his natural talent but also his character and commitment to growth; he is truly deserving of recognition for his outstanding achievements and for proudly representing the state of Louisiana on the national and international stages.

THEREFORE, BE IT RESOLVED that the House of Representatives of the Legislature of Louisiana does hereby commend Baron Baker for his achievements in competitive weightlifting and does hereby encourage him to continue his excellent work and always strive for greatness.

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SPEAKER OF THE HOUSE OF REPRESENTATIVES