

RÉSUMÉ DIGEST

ACT 377 (SB 260)

2026 Regular Session

Edmonds

Prior law provided a limitation of liability for any volunteer athletic coach, manager, athletic trainer, team volunteer health care provider, or sports team official who has participated in a safety orientation and training program established by the league or team with which he is affiliated.

New law defines "youth injury mitigation course".

New law adds a limitation of liability for certain volunteer athletic personnel who have completed a youth injury mitigation course.

New law requires the La. Dept. of Health (LDH) to establish and administer a process for approving courses that meet the requirements of a youth injury mitigation course.

New law provides that completion of an approved youth injury mitigation course may be used to satisfy the requirements of a safety orientation and training program in existing law (R.S. 9:2798).

New law requires each youth injury mitigation course to include instruction on the following:

- (1) Emergency preparedness and planning and rehearsal for responding to traumatic injuries sustained during youth athletic activities.
- (2) Heat and extreme weather-related injuries.
- (3) Musculoskeletal overuse, physical conditioning, recovery, and training equipment usage.
- (4) Heart defects and abnormalities leading to sudden cardiac death.

New law requires LDH to publish and maintain on its official website a list of approved courses not later than 180 days after the effective date of new law. Further requires LDH to annually review and update the list of approved injury mitigation courses.

New law authorizes LDH to adopt rules, in accordance with the APA, as necessary to carry out the provisions of new law.

New law does not require LDH to spend its funds to pay for the development of the training courses provided in new law. Further authorizes LDH to accept donated online courses, provided that the donated courses are approved by LDH.

Effective May 22, 2026.

(Amends R.S. 9:2798(B)(1); adds 9:2798(D)(4) and R.S. 40:1087.2)