

Regular Session, 2014

HOUSE RESOLUTION NO. 41

BY REPRESENTATIVE POPE

SPECIAL DAY/WEEK/MONTH: Recognizes March 29, 2014, as Livingston Parish Own Your Own Health Day

1 A RESOLUTION

2 To recognize March 29, 2014, as Livingston Parish Own Your Own Health Day in
3 Louisiana.

4 WHEREAS, the parish of Livingston is one of the fastest growing parishes in the
5 state; and

6 WHEREAS, the people of Livingston Parish are proud of their community, schools,
7 and thriving business environment; and

8 WHEREAS, at the core of a strong community is a healthy population; and

9 WHEREAS, the residents of Livingston Parish are kicking off a healthy living
10 challenge as part of the "Own Your Own Health" online fitness and nutrition tracking
11 challenge presented by the Department of Health and Hospitals and the Governor's Council
12 on Physical Fitness and Sports; and

13 WHEREAS, participants in this challenge will track the number of steps they take
14 daily and record online how many steps they have taken towards the goal of achieving a
15 lifestyle of consistent physical activity; and

16 WHEREAS, the challenge commences on Saturday, March 29, 2014, at 3:00 p.m.
17 with a half-mile fun walk, Zumbathon®, booths, music, games, and prizes.

18 THEREFORE, BE IT RESOLVED that the House of Representatives of the
19 Legislature of Louisiana does hereby recognize March 29, 2014, as Livingston Parish Own
20 Your Own Health Day and does hereby encourage the residents of Livingston Parish to join
21 the Livingston Parish Delegation at 3:00 p.m. at the Pond Pavilion in North Park in Denham

1 Springs to celebrate a commitment to physical health and improving the well-being of the
2 residents of Livingston Parish.

3 BE IT FURTHER RESOLVED that a suitable copy of this Resolution be transmitted
4 to the Livingston Parish Delegation.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

Pope

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