Regular Session, 2014

**HOUSE RESOLUTION NO. 41** 

BY REPRESENTATIVE POPE

## A RESOLUTION

To recognize March 29, 2014, as Livingston Parish Own Your Own Health Day in Louisiana.

WHEREAS, the parish of Livingston is one of the fastest growing parishes in the state; and

WHEREAS, the people of Livingston Parish are proud of their community, schools, and thriving business environment; and

WHEREAS, at the core of a strong community is a healthy population; and

WHEREAS, the residents of Livingston Parish are kicking off a healthy living challenge as part of the "Own Your Own Health" online fitness and nutrition tracking challenge presented by the Department of Health and Hospitals and the Governor's Council on Physical Fitness and Sports; and

WHEREAS, participants in this challenge will track the number of steps they take daily and record online how many steps they have taken towards the goal of achieving a lifestyle of consistent physical activity; and

WHEREAS, the challenge commences on Saturday, March 29, 2014, at 3:00 p.m. with a half-mile fun walk, Zumbathon®, booths, music, games, and prizes.

THEREFORE, BE IT RESOLVED that the House of Representatives of the Legislature of Louisiana does hereby recognize March 29, 2014, as Livingston Parish Own Your Own Health Day and does hereby encourage the residents of Livingston Parish to join the Livingston Parish Delegation at 3:00 p.m. at the Pond Pavilion in North Park in Denham

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Springs to celebrate a commitment to physical health and improving the well-being of the residents of Livingston Parish.

BE IT FURTHER RESOLVED that a suitable copy of this Resolution be transmitted to the Livingston Parish Delegation.

SPEAKER OF THE HOUSE OF REPRESENTATIVES